

Long Science Biography – Elizabeth Patric

Elizabeth Patric is the founder and owner of Spiritwater Gardens, where she co-creates with the help of non-physical nature beings of love and light frequencies, flower essence combinations for transformation and wellbeing. She is sought after for her ability to evaluate the energetic totality of her clients, where she is able to recommend holistic practices that address each of her client's unique needs, including her remarkable flower and gem essences. The special flowers that she uses are collected from the wilderness of Northern Wisconsin, powerful earth sites all over the world, and her own organically-grown garden.

Elizabeth is also a gifted and widely-known Life Force energy healer. Her energy healing abilities have been tested and validated via preclinical cell-based and mouse-model experiments, which have been published in international peer-reviewed science publications – though please note that Elizabeth Patric has not done any clinical trial that suggests any kind of results or benefits related to human health. No human health-related benefits have been scientifically validated, and Elizabeth Patric does not give any guarantee to provide any kind of health benefits.

In addition, she is the author of *“Awakened Light Being,” “Flowerspeak – The Flower Whisperer’s Guide to Health, Happiness and Awakening”* and a manual on a form of healing whose energies originate from Lao-Tzu entitled *“LaHoChi – High Frequency Hands- on Healing.”* Currently, Elizabeth is passionate about astral biology and is writing her fourth book tentatively titled *“The Metaphysical Naturalist – Reconnecting with Nature for Healing and Expansion of Consciousness.”* She has co-authored 10 publications with other talented Healing Masters. And she has led and facilitated many workshops and presentations as well.

Every facet of Elizabeth's practice strives to bring out the beauty of the soul and spirit of each of her clients. Through her guidance, they develop greater momentum in their spiritual expansion, a passion for life, higher self-esteem, and a deeper Divine connection. Her clients gain the courage to unveil their most authentic qualities, allowing them to expand their creative potential and feel a greater sense of purpose in their lives so they can leave their mark on this planet.

Currently, one of the areas of her life that Elizabeth is most passionate about is the scientific research behind Life Force energy and Guruji Mahendra Trivedi's scientifically-proven & miraculous ability to harness and transmit Life Force energy / Biofield energy / God's Grace / Divine energy to living organisms and nonliving materials anywhere on this planet through his Blessing.

As a small child, Elizabeth was aware of unseen subtle energies that existed on the nonphysical realms. Her parents were both scientists with advanced degrees and although she respected their knowledge base, she was also profoundly aware that their spectrum of information did not include the unseen energies that were an important part of her perceptions.

Elizabeth graduated with a degree in Plant Ecology in 1975 and continued with graduate studies in Landscape Architecture. She worked as an in-house Plant Ecologist for a commercial farm for 8 years and then became the head herbalist for Canterbury Village, in New Hampshire, which was the last remaining group of authentic Shakers that had formed advanced utopian communities in England and the eastern parts of the United States. Along with her scientific pursuits, she was immersed in tantric studies from 1978 – 2008, studying with many renowned teachers from all over the world. She completed the highest and most challenging teacher training - the Yoga Alliance 500 teaching level, and started her own Northwood's Yoga School in 1995, certifying many of her students to teach yoga. Elizabeth passed on her Yoga School to one of her top students in 2011.

Because of her scientific background, Elizabeth wanted to stay connected while she was involved in her tantric studies, to what was going on in science, especially as it related to ongoing research in the areas of consciousness, Life Force energy healing and energy medicine. For 13 years in a row, she attended (and occasionally presented at) the International Society for the Study of Energy and Energy Medicine (ISSSEEM), which is a corporate umbrella of Holos University Graduate Seminary at the University's International Research Division.

At these annual meetings, Elizabeth met many illuminated researchers dedicated to bridging science and consciousness. For example, she met and discussed the late Dr. Rustom Roy's research in subtle energies during several of the meetings. Dr. Roy, who was a researcher at Pennsylvania State University and nominated for the Nobel Prize 23 times, enjoyed connecting with intuitive healers that were also interested in science. Through his collaboration with Guruji Mahendra Trivedi, Dr. Roy predicted that Guruji's science research would trigger the upstart of a new scientific paradigm of understanding. He had this to say about Guruji and his abilities, "I see him as the completion of what India has brought to the world in modern scientific terms...Science is the religion of the world. It's going to be very tough for the establishment to hold onto old ideas. I think with Mr. Trivedi's potential, he may become a pioneer in loosening the grasp of old science.... I have no doubt Mr. Trivedi will change the face of science and human well-being in my lifetime."

Another wonderful influence on Elizabeth's life was wisdom gleaned at the ISSSEEM Conferences from Dr. Claude Swanson, a physicist who was educated at MIT and Princeton University. He had just published a new book called *Life Force: The Scientific Basis*, which was a sequel to his earlier book, *The Synchronized Universe*. These books provided a scientific and empirical foundation for the science of consciousness and summarized the "best evidence" for a wide range of human abilities and unusual physical phenomena which demonstrated the characteristics of subtle energy. These books outlined a physics theory for how these energies could be integrated into an expanded science of consciousness. Dr. Swanson discusses Guruji Mahendra Trivedi in his books, whose interest was piqued by this extraordinary man and his abilities.

In 2010, Elizabeth had the honor of finally meeting Guruji Mahendra Trivedi at Deepak Chopra's first ever Sages and Scientists Conference. Guruji is an Enlightened Spiritual Master who has the unique ability to harness Life Force

energy from the universe and transmit it to living organisms or nonliving materials anywhere in the world. This energy performs intelligently and beneficially to the recipient's unique needs, optimizing the recipient's unlimited potential at the cellular, molecular and atomic level, thus leading to lasting changes in their behaviors and characteristics. This unique phenomenon has become world renowned as the Trivedi Effect®.

Elizabeth was immediately struck by the authenticity of the Trivedi Effect®. The impact of the Trivedi Effect® has been measured, validated, documented and published in over 600 research papers in peer-reviewed scientific journals with over 6,000 science experiments conducted in numerous branches of life sciences and materials science. After experiencing Guruji Mahendra Trivedi's Blessing, people from all walks of life have reported enjoying many benefits in the areas of higher quality sleep and huge relief from anxiety, depression, stress, chronic fatigue and sadness, etc. They experienced improved relationships, magnetic personalities, higher confidence, greater willpower, better finances, and more inspiration, motivation, enthusiasm and ambition, etc. The overall consensus from these people is that they started to enjoy true health, wealth and happiness in all aspects of their lives. Elizabeth instantly knew that she wanted to study with Guruji Mahendra Trivedi and immersed herself with every program that Guruji offered.

Through her association with Guruji Mahendra Trivedi, Elizabeth has had the profound privilege to meet the spiritual masters that he has chosen to bring his work out into the world. This includes Master Dahryn Trivedi and Master Alice Branton. These masters have been an inspiration to Elizabeth in all areas of her life.

Elizabeth envisions a world where each one of us is more consciously tapped into and harnessing subtle, unseen universal energies and forces that inform and ignite on the atomic level - healing, transformation and expansion of consciousness. Guruji Mahendra Trivedi has provided a brilliant and priceless model for our ever expanding abilities to utilize these powerful energies that will give rise to a greater unity and health to all that is and will be and bring comprehensive shifts that will shape the Heaven on Earth we all have dreamed of.